

Mediplus Pessary Range

A conservative management option for the treatment of urinary incontinence and pelvic organ prolapse



Pessaries

Pessaries are used to help patients with pelvic organ prolapse (POP) and urinary incontinence. They are available in 17 different styles and many sizes to fit each patient's anatomy. Made of soft autoclavable material, pessaries are an excellent addition to any practice that treats women with lower urinary tract dysfunction.

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Mediplus POPY™ Pessary

A conservative, cost-effective solution for pelvic organ prolapse or procidentia

The Mediplus POPY™ was the world's first silicone shelf pessary. This innovative pessary offers a wide range of benefits including:

Conservative management – POPY™ is a conservative option for managing pelvic organ prolapse

Ease of use – high-quality medical grade silicone ensures that the POPY™ is soft and malleable for ease of fitting and removal

Reduced risk – the softness of the POPY™ pessary reduces the risk of erosion

Low-cost – compared to surgical intervention

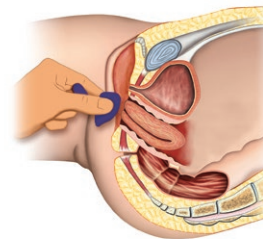
Innovative design – the POPY™ range has been developed with patients' needs at the forefront of its design

“POPY™ is a far better choice for the patient as it is not rigid at all but rather flexible, therefore insertion and removal is not painful for my patients”

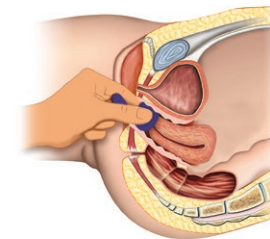
Claudine Domoney, Lead
Urogynaecologist, Chelsea
& Westminster Hospital



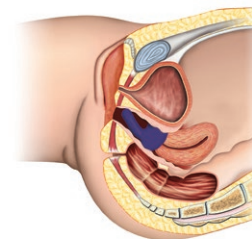
Insertion technique



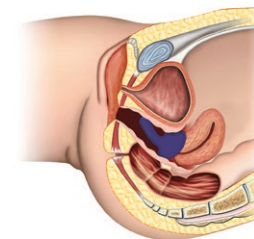
1. Prolapse



2. Initial insertion



3. Pessary inserted further



4. Pessary in situ



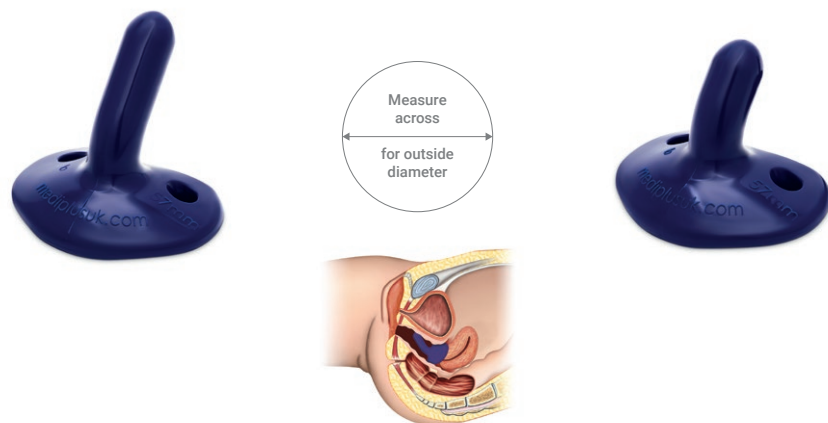
Pessaries for Pelvic Organ Prolapse

All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

POPY™ Shelf Pessary

Folding
Silicone

Indication for use: 2nd/3rd degree prolapse or procidentia



POPY™ Shelf Pessary Short-Stem

Folding
Silicone



Order Code	Size	
POPY57	6	57mm o.d.
POPY60	7	60mm o.d.
POPY64	8	64mm o.d.
POPY67	9	60mm o.d.
POPY70	10	70mm o.d.
POPY73	11	73mm o.d.
POPY76	12	76mm o.d.
POPY79	13	79mm o.d.
POPY83	14	83mm o.d.
POPY86	15	86mm o.d.
POPY89	16	89mm o.d.

Order Code	Size	
POPY57-S	6	57mm o.d.
POPY60-S	7	60mm o.d.
POPY64-S	8	64mm o.d.
POPY67-S	9	60mm o.d.
POPY70-S	10	70mm o.d.
POPY73-S	11	73mm o.d.
POPY76-S	12	76mm o.d.
POPY79-S	13	79mm o.d.
POPY83-S	14	83mm o.d.
POPY86-S	15	86mm o.d.
POPY89-S	16	89mm o.d.

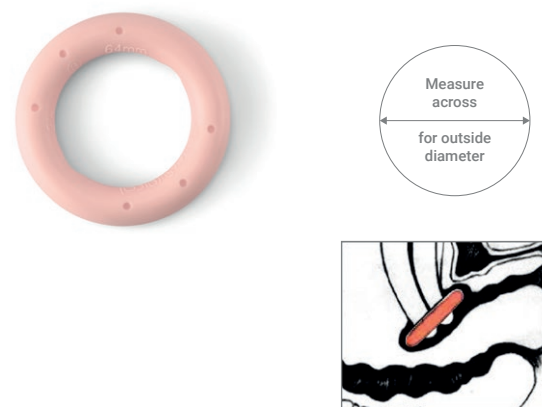
Pessaries for Pelvic Organ Prolapse

All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

Ring Pessary

Folding
Silicone

Indication for use: Mild prolapse



Ring with Support Pessary

Folding
Silicone

Indication for use: Mild prolapse complicated by mild cystocele



MILEX®

Order Code	Size	
MXPER00	0	44mm o.d.
MXPER01	1	51mm o.d.
MXPER02	2	57mm o.d.
MXPER03	3	64mm o.d.
MXPER04	4	70mm o.d.
MXPER05	5	76mm o.d.
MXPER06	6	83mm o.d.
MXPER07	7	89mm o.d.
MXPER08	8	95mm o.d.
MXPER09	9	102mm o.d.
MXPER10	10	108mm o.d.

Order Code	Size	
MXPRS00	0	44mm o.d.
MXPRS01	1	51mm o.d.
MXPRS02	2	57mm o.d.
MXPRS03	3	64mm o.d.
MXPRS04	4	70mm o.d.
MXPRS05	5	76mm o.d.
MXPRS06	6	83mm o.d.
MXPRS07	7	89mm o.d.
MXPRS08	8	95mm o.d.
MXPRS09	9	102mm o.d.
MXPRS10	10	108mm o.d.

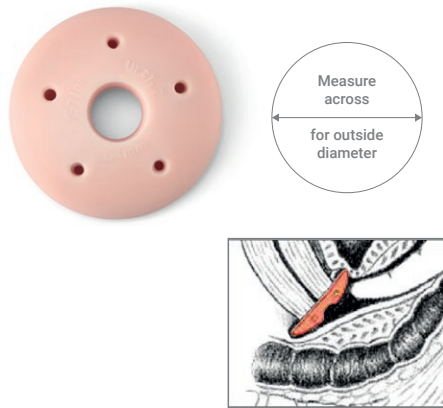
Pessaries for Pelvic Organ Prolapse

All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

Shaatz Pessary

Folding
Silicone

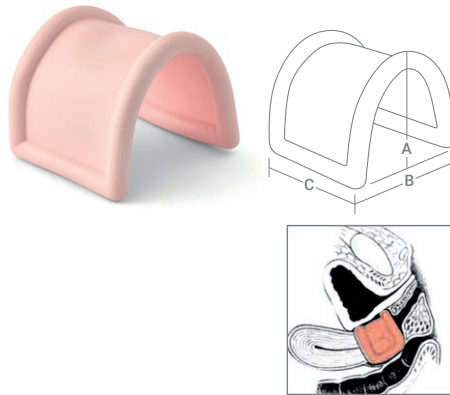
Indication for use: Mild prolapse complicated by a mild cystocele



Gehrung Pessary

Folding
Silicone

Indication for use: Support for cystocele and rectocele. Also more adaptable in cases of procidentia where the uterus tends to herniate when other pessaries are used



MILEX®

Order Code	Size
MXPSH1-1/2	38mm o.d.
MXPSH1-3/4	44mm o.d.
MXPSH2	51mm o.d.
MXPSH2-1/4	57mm o.d.
MXPSH2-1/2	64mm o.d.
MXPSH2-3/4	70mm o.d.
MXPSH3	76mm o.d.
MXPSH3-1/4	83mm o.d.
MXPSH3-1/2	89mm o.d.
MXPSH3-3/4	95mm o.d.

Order Code	Size
MXPGS00	0, A 27mm x B 38mm x C 35mm
MXPGS01	1, A 29mm x B 44mm x C 38mm
MXPGS02	2, A 35mm x B 51mm x C 41mm
MXPGS03	3, A 38mm x B 54mm x C 44mm
MXPGS04	4, A 41mm x B 57mm x C 48mm
MXPGS05	5, A 44mm x B 60mm x C 51mm
MXPGS06	6, A 48mm x B 64mm x C 54mm
MXPGS07	7, A 51mm x B 73mm x C 57mm
MXPGS08	8, A 54mm x B 76mm x C 60mm

All sizes have metal internal support – must be removed before MRI and X-ray

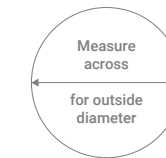
Pessaries for Pelvic Organ Prolapse

All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

Gellhorn Pessary

Folding
Silicone

Indication for use: For third degree prolapse/procidentia



Gellhorn Short-Stem Pessary

Folding
Silicone

Indication for use: For third degree prolapse/ procidentia. Shorter stem than standard Gellhorn/folding



MILEX®

Order Code	Size
MXPGE1-1/2	38mm o.d.
MXPGE1-3/4	44mm o.d.
MXPGE2	51mm o.d.
MXPGE2-1/4	57mm o.d.
MXPGE2-1/2	64mm o.d.
MXPGE2-3/4	70mm o.d.
MXPGE3	76mm o.d.
MXPGE3-1/4	83mm o.d.
MXPGE3-1/2	89mm o.d.
MXPGE3-3/4	95mm o.d.

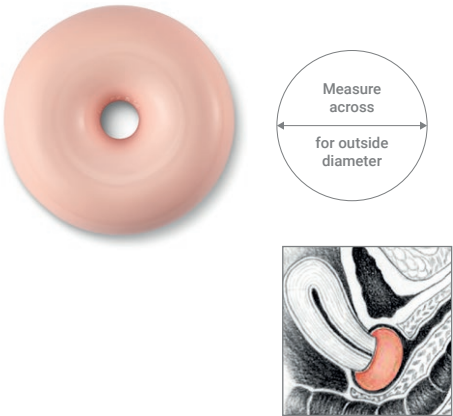
Order Code	Size
MXPGSS1-1/2	38mm o.d.
MXPGSS1-3/4	44mm o.d.
MXPGSS2	51mm o.d.
MXPGSS2-1/4	57mm o.d.
MXPGSS2-1/2	64mm o.d.
MXPGSS2-3/4	70mm o.d.
MXPGSS3	76mm o.d.
MXPGSS3-1/4	83mm o.d.
MXPGSS3-1/2	89mm o.d.
MXPGSS3-3/4	95mm o.d.

Pessaries for Pelvic Organ Prolapse

All pessaries are supplied with detailed illustrated fitting instructions. Silicone pessaries are Latex Free and Autoclavable.

Donut
Folding
Silicone

Indication for use: Support for third degree prolapse/procidentia. Not to be deflated during insertion or removal.



MILEX®

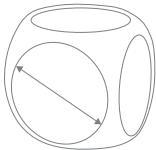
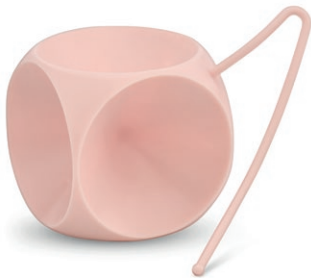
Order Code	Size
MXPD00	51mm o.d.
MXPD01	57mm o.d.
MXPD02	64mm o.d.
MXPD03	70mm o.d.
MXPD04	76mm o.d.
MXPD05	83mm o.d.
MXPD06	89mm o.d.
MXPD07	95mm o.d.

Pessaries for Pelvic Organ Prolapse

All pessaries are supplied with detailed illustrated fitting instructions. Silicone pessaries are Latex Free and Autoclavable.

Cube
Silicone

Indication for use: Support for third degree prolapse/procidentia. Should be removed nightly.



Measurement is the diagonal of the cube



MILEX®

Order Code	Size	
MXPEC00	0	25mm
MXPEC01	1	30mm
MXPEC02	2	35mm
MXPEC03	3	38mm
MXPEC04	4	41mm
MXPEC05	5	44mm
MXPEC06	6	51mm
MXPEC07	7	57mm

Cube with Drainage Holes
Silicone

Indication for use: Support for third degree prolapse/procidentia. Should be removed nightly.



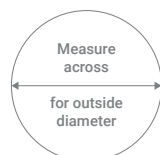
Pessaries for Pelvic Organ Prolapse & Urinary Incontinence

All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

Ring with Knob

Folding
Silicone

Indication for use: Mild prolapse complicated by stress urinary incontinence



For knob add approximately 13mm to measurement



Ring with Support & Knob

Folding
Silicone

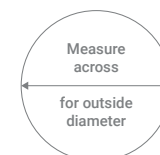
Indication for use: Mild prolapse complicated by a mild cystocele and stress urinary incontinence



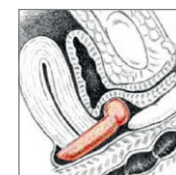
Incontinence Dish

Folding
Silicone

Indication for use: For stress urinary incontinence with mild prolapse



For knob add approximately 13mm to measurement



Incontinence Dish with Support

Folding
Silicone

Indication for use: For stress urinary incontinence with mild prolapse and mild cystocele



MILEX®

Order Code	Size	
MXPERK00	0	44mm o.d.
MXPERK01	1	51mm o.d.
MXPERK02	2	57mm o.d.
MXPERK03	3	64mm o.d.
MXPERK04	4	70mm o.d.
MXPERK05	5	76mm o.d.
MXPERK06	6	83mm o.d.
MXPERK07	7	89mm o.d.
MXPERK08	8	95mm o.d.
MXPERK09	9	102mm o.d.
MXPERK10	10	108mm o.d.

Order Code	Size	
MXPRSK00	0	44mm o.d.
MXPRSK01	1	51mm o.d.
MXPRSK02	2	57mm o.d.
MXPRSK03	3	65mm o.d.
MXPRSK04	4	70mm o.d.
MXPRSK05	5	76mm o.d.
MXPRSK06	6	83mm o.d.
MXPRSK07	7	89mm o.d.
MXPRSK08	8	95mm o.d.
MXPRSK09	9	102mm o.d.
MXPRSK10	10	108mm o.d.

All sizes have metal internal support – must be removed before MRI and X-ray

MILEX®

Order Code	Size	
MXPCOND00	0	55mm o.d.
MXPCOND01	1	60mm o.d.
MXPCOND02	2	65mm o.d.
MXPCOND03	3	70mm o.d.
MXPCOND04	4	70mm o.d.
MXPCOND05	5	80mm o.d.
MXPCOND06	6	85mm o.d.

Order Code	Size	
MXPCONDS00	0	55mm o.d.
MXPCONDS01	1	60mm o.d.
MXPCONDS02	2	65mm o.d.
MXPCONDS03	3	70mm o.d.
MXPCONDS04	4	70mm o.d.
MXPCONDS05	5	80mm o.d.
MXPCONDS06	6	85mm o.d.

Pessaries for Pelvic Organ Prolapse & Urinary Incontinence

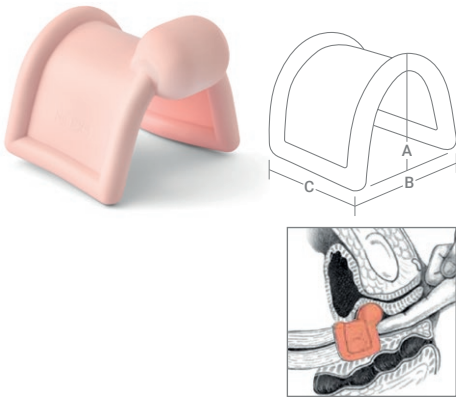
All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

Gehrung with Knob

Folding

Silicone

Indication for use: For cystocele with/
without mild rectocele complicated
by stress urinary incontinence



MILEX®

Order Code	Size
MXPGSK00	0, A 27mm x B 38mm x C 35mm
MXPGSK01	1, A 29mm x B 44mm x C 38mm
MXPGSK02	2, A 35mm x B 51mm x C 41mm
MXPGSK03	3, A 38mm x B 54mm x C 44mm
MXPGSK04	4, A 41mm x B 57mm x C 48mm
MXPGSK05	5, A 44mm x B 60mm x C 51mm
MXPGSK06	6, A 48mm x B 64mm x C 54mm
MXPGSK07	7, A 51mm x B 73mm x C 57mm
MXPGSK08	8, A 54mm x B 76mm x C 60mm

All sizes have metal internal support –
must be removed before MRI and X-ray

Pessaries for Urinary Incontinence

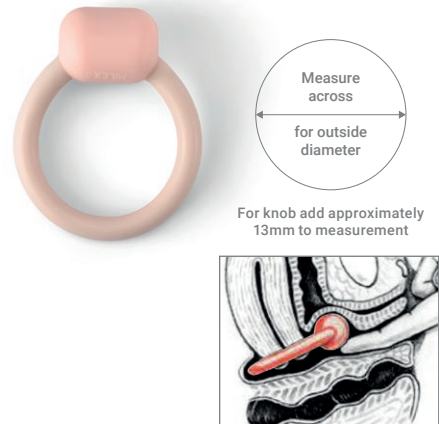
All pessaries are supplied with detailed illustrated fitting instructions.
Silicone pessaries are Latex Free and Autoclavable.

Incontinence Ring

Folding

Silicone

Indication for use: For stress
urinary incontinence

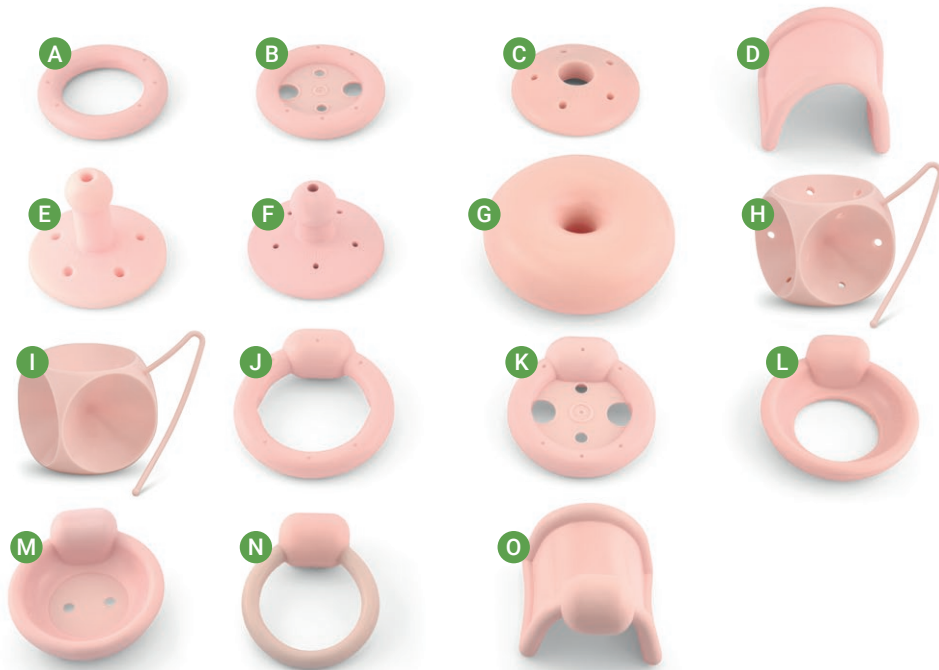


MILEX®

Order Code	Size
MXPCON00	0 44mm o.d.
MXPCON01	1 51mm o.d.
MXPCON02	2 57mm o.d.
MXPCON03	3 64mm o.d.
MXPCON04	4 70mm o.d.
MXPCON05	5 76mm o.d.
MXPCON06	6 83mm o.d.
MXPCON07	7 89mm o.d.
MXPCON08	8 95mm o.d.
MXPCON09	9 102mm o.d.
MXPCON10	10 108mm o.d.

All sizes have metal internal support –
must be removed before MRI and X-ray

Summary of Available MILEX® Pessaries



A Ring (Silicone)

B Ring with Support (Silicone)

C Shaatz (Silicone)

D Gehrung (Silicone)

E Gellhorn Flexible (Silicone)

F Gellhorn short-stem (Silicone)

G Donut (Silicone)

H Cube with drainage holes (Silicone)

I Cube (Silicone)

J Ring with Knob (Silicone)

K Ring with Support & Knob (Silicone)

L Incontinence Dish (Silicone)

M Incontinence Dish with Support (Silicone)

N Incontinence Ring (Silicone)

O Gehrung with Knob (Silicone)

Pessaries Guide

Pessary type	Procidentia					Stress Incontinence	Incompetent Cervix	Retro Displacement
	Prolapse			Cystocele	Rectocele			
	1 - 2 Degree	3 - 4 Degree	Vaginal Wall					
POPY™		✓						
Ring	✓			✓				
Ring with support	✓			✓				
Shaatz	✓							
Gehrung		✓		✓	✓			
Gellhorn		✓						
Donut		✓		✓	✓			
Cube		✓	✓	✓	✓			
Ring with knob	✓			✓		✓		
Ring with support and knob	✓			✓		✓		
Incontinence dish	✓					✓		
Incontinence dish with support	✓			✓		✓		
Gehrung with knob		✓		✓	✓	✓		
Incontinence ring						✓		

Accessories

MILEX® Pessary Fitting Tray

For sizing purposes only (the special autoclavable pessaries supplied should be worn for no longer than 15 minutes).

Each fitting tray contains the following pessaries plus 1 Manikin, enclosed in a carry case.



One each:

Ring with support pessary size 2, 3, 4, 5, 6 & 7

Ring with support and knob size 2, 3, 4, 5

Gellhorn pessary size 2-1/4, 2-1/2, 2-3/4, 3

Cube pessary size 2, 3, 4, 5

Donut pessary size 2-1/2, 2-3/4, 3, 3-1/4

MILEX® Manufacturer: Cooper Surgical Inc, USA

MILEX® UK Distributor: Mediplus Ltd

POPY™ Manufacturer and Distributor: Mediplus Ltd



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INVESTORS IN PEOPLE™
We invest in people Silver