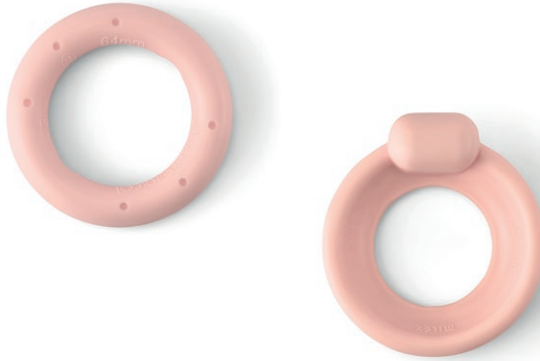




Mediplus Pessary Range

A conservative management option for the treatment of urinary incontinence and pelvic organ prolapse



Pessaries

Pessaries are designed to help patients with pelvic organ prolapse (POP) and urinary incontinence. Mediplus offer 17 different styles and many sizes to fit each patient's anatomy. Made of soft medical-grade material, pessaries are an excellent addition to any practice that treats women with lower urinary tract dysfunction.

In this booklet you will find details of the following:

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Pessaries for Pelvic Organ Prolapse & Incontinence

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Pessaries for Urinary Incontinence

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Mediplus POPY™ Pessary

A conservative, cost-effective solution for pelvic organ prolapse or procidentia

The Mediplus POPY™ was the world's first silicone shelf pessary. This innovative pessary offers a wide range of benefits including:

Conservative management – POPY™ is a conservative option for managing pelvic organ prolapse

Ease of use – high-quality medical grade silicone ensures that the POPY™ is soft and malleable for ease of fitting and removal

Reduced risk – the softness of the POPY™ pessary reduces the risk of vaginal wall erosion

Low-cost – compared to surgical intervention

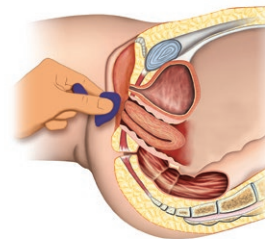
Innovative design – the POPY™ range has been developed with patients' needs at the forefront of its design

“POPY™ is a far better choice for the patient as it is not rigid at all but rather flexible, therefore insertion and removal is not painful for my patients”

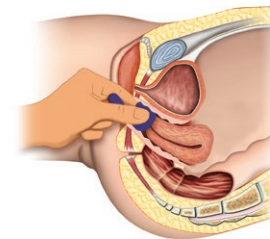
Claudine Domoney, Lead
Urogynae Consultant, Chelsea
& Westminster Hospital



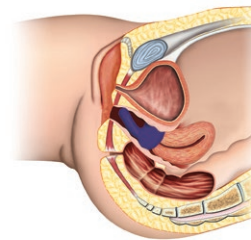
Insertion technique



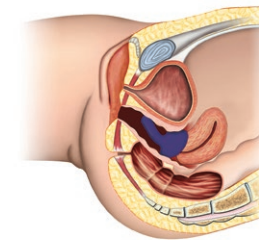
1. Prolapse



2. Initial insertion



3. Pessary inserted further



4. Pessary in situ



Pessaries for Pelvic Organ Prolapse

All POPY™ pessaries are supplied with detailed illustrated fitting instructions. POPY™ silicone pessaries are latex-free.

POPY™ pessaries are available in both standard and short-stem options, allowing selection based on individual anatomy and user comfort. Patients with a longer vaginal canal may benefit from the longer (standard) stem, while the short-stem may be a better fit for those with a shorter vaginal anatomy.

POPY™ Shelf Pessary

Folding
Silicone

Indication for use: 2nd/3rd degree prolapse or procidentia



POPY™ Shelf Pessary Short-Stem

Folding
Silicone



Order Code	Size	
POPY57	6	57mm o.d.
POPY60	7	60mm o.d.
POPY64	8	64mm o.d.
POPY67	9	67mm o.d.
POPY70	10	70mm o.d.
POPY73	11	73mm o.d.
POPY76	12	76mm o.d.
POPY79	13	79mm o.d.
POPY83	14	83mm o.d.
POPY86	15	86mm o.d.
POPY89	16	89mm o.d.

Order Code	Size	
POPY57-S	6	57mm o.d.
POPY60-S	7	60mm o.d.
POPY64-S	8	64mm o.d.
POPY67-S	9	67mm o.d.
POPY70-S	10	70mm o.d.
POPY73-S	11	73mm o.d.
POPY76-S	12	76mm o.d.
POPY79-S	13	79mm o.d.
POPY83-S	14	83mm o.d.
POPY86-S	15	86mm o.d.
POPY89-S	16	89mm o.d.

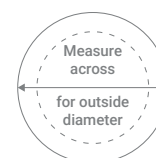
Pessaries for Pelvic Organ Prolapse

All MILEX® pessaries are supplied with detailed fitting instructions. MILEX® silicone pessaries are Latex-free and autoclavable.

Ring Pessary

Folding
Silicone

Indication for use: Mild prolapse



Ring with Support Pessary

Folding
Silicone

Indication for use: Mild prolapse complicated by mild cystocele



Order Code	Size	
MXPER00-E	0	44mm o.d.
MXPER01-E	1	51mm o.d.
MXPER02-E	2	57mm o.d.
MXPER03-E	3	64mm o.d.
MXPER04-E	4	70mm o.d.
MXPER05-E	5	76mm o.d.
MXPER06-E	6	83mm o.d.
MXPER07-E	7	89mm o.d.
MXPER08-E	8	95mm o.d.
MXPER09-E	9	102mm o.d.
MXPER10-E	10	108mm o.d.

Order Code	Size	
MXPRS00-E	0	44mm o.d.
MXPRS01-E	1	51mm o.d.
MXPRS02-E	2	57mm o.d.
MXPRS03-E	3	64mm o.d.
MXPRS04-E	4	70mm o.d.
MXPRS05-E	5	76mm o.d.
MXPRS06-E	6	83mm o.d.
MXPRS07-E	7	89mm o.d.
MXPRS08-E	8	95mm o.d.
MXPRS09-E	9	102mm o.d.
MXPRS10-E	10	108mm o.d.

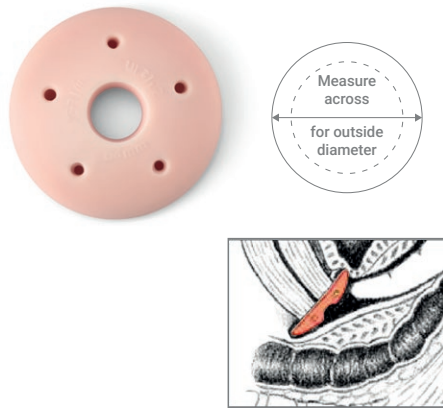
Pessaries for Pelvic Organ Prolapse

All MILEX® pessaries are supplied with detailed fitting instructions.
MILEX® silicone pessaries are Latex-free and autoclavable.

Shaatz Pessary

Folding
Silicone

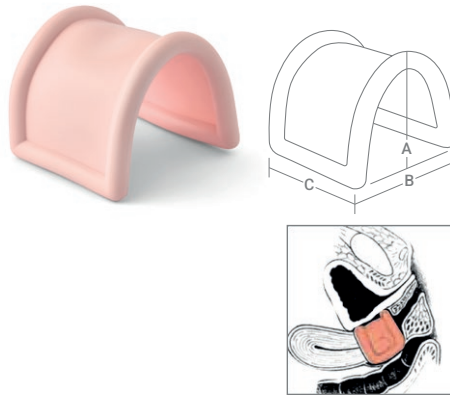
Indication for use: Mild prolapse complicated by a mild cystocele



Gehring Pessary

Folding
Silicone

Indication for use: Support for cystocele and rectocele. Also more adaptable in cases of procidentia where the uterus tends to herniate when other pessaries are used



MILEX®

Order Code	Size
MXPSH1-1/2-E	38mm o.d.
MXPSH1-3/4-E	44mm o.d.
MXPSH2-E	51mm o.d.
MXPSH2-1/4-E	57mm o.d.
MXPSH2-1/2-E	64mm o.d.
MXPSH2-3/4-E	70mm o.d.
MXPSH3-E	76mm o.d.
MXPSH3-1/4-E	83mm o.d.
MXPSH3-1/2-E	89mm o.d.
MXPSH3-3/4-E	95mm o.d.

Order Code	Size
MXPGS00-E	0, A 27mm x B 38mm x C 35mm
MXPGS01-E	1, A 29mm x B 44mm x C 38mm
MXPGS02-E	2, A 35mm x B 51mm x C 41mm
MXPGS03-E	3, A 38mm x B 54mm x C 44mm
MXPGS04-E	4, A 41mm x B 57mm x C 48mm
MXPGS05-E	5, A 44mm x B 60mm x C 51mm
MXPGS06-E	6, A 48mm x B 64mm x C 54mm
MXPGS07-E	7, A 51mm x B 73mm x C 57mm
MXPGS08-E	8, A 54mm x B 76mm x C 60mm

All sizes have metal internal support – must be removed before MRI and X-ray

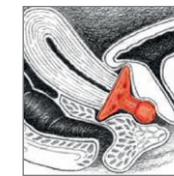
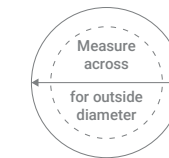
Pessaries for Pelvic Organ Prolapse

All MILEX® pessaries are supplied with detailed fitting instructions.
MILEX® silicone pessaries are Latex-free and autoclavable.

Gellhorn Pessary

Folding
Silicone

Indication for use: Third degree prolapse/procidentia



Gellhorn Short-Stem Pessary

Folding
Silicone

Indication for use: Third degree prolapse/ procidentia. Shorter stem than standard Gellhorn/folding



MILEX®

Order Code	Size
MXPGE1-1/2-E	38mm o.d.
MXPGE1-3/4-E	44mm o.d.
MXPGE2-E	51mm o.d.
MXPGE2-1/4-E	57mm o.d.
MXPGE2-1/2-E	64mm o.d.
MXPGE2-3/4-E	70mm o.d.
MXPGE3-E	76mm o.d.
MXPGE3-1/4-E	83mm o.d.
MXPGE3-1/2-E	89mm o.d.
MXPGE3-3/4-E	95mm o.d.

Order Code	Size
MXPGSS1-1/2-E	38mm o.d.
MXPGSS1-3/4-E	44mm o.d.
MXPGSS2-E	51mm o.d.
MXPGSS2-1/4-E	57mm o.d.
MXPGSS2-1/2-E	64mm o.d.
MXPGSS2-3/4-E	70mm o.d.
MXPGSS3-E	76mm o.d.
MXPGSS3-1/4-E	83mm o.d.
MXPGSS3-1/2-E	89mm o.d.
MXPGSS3-3/4-E	95mm o.d.

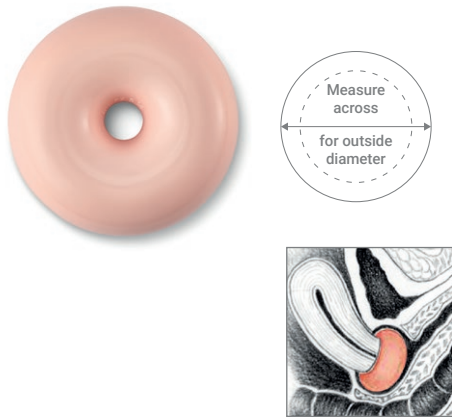
Pessaries for Pelvic Organ Prolapse

All MILEX® pessaries are supplied with detailed fitting instructions. MILEX® silicone pessaries are Latex-free and autoclavable.

Donut

Folding
Silicone

Indication for use: Support for third degree prolapse/procidentia. Not to be deflated during insertion or removal.



MILEX®

Order Code	Size
MXPD00-E	51mm o.d.
MXPD01-E	57mm o.d.
MXPD02-E	64mm o.d.
MXPD03-E	70mm o.d.
MXPD04-E	76mm o.d.
MXPD05-E	83mm o.d.
MXPD06-E	89mm o.d.
MXPD07-E	95mm o.d.

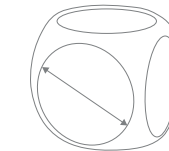
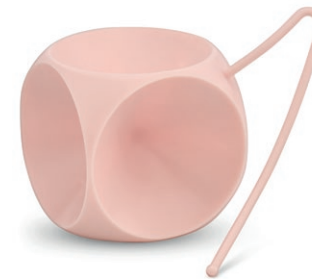
Pessaries for Pelvic Organ Prolapse

All MILEX® pessaries are supplied with detailed fitting instructions. MILEX® silicone pessaries are Latex-free and autoclavable.

Cube

Silicone

Indication for use: Support for third degree prolapse/procidentia. Should be removed nightly.



Measurement is the diagonal of the cube



MILEX®

Order Code	Size	
MXPEC00-E	0	25mm
MXPEC01-E	1	30mm
MXPEC02-E	2	35mm
MXPEC03-E	3	38mm
MXPEC04-E	4	41mm
MXPEC05-E	5	44mm
MXPEC06-E	6	51mm
MXPEC07-E	7	57mm

Cube with Drainage Holes

Silicone

Indication for use: Support for third degree prolapse/procidentia. Should be removed nightly.



Order Code	Size	
MXPECH00-E	0	25mm
MXPECH01-E	1	30mm
MXPECH02-E	2	35mm
MXPECH03-E	3	38mm
MXPECH04-E	4	41mm
MXPECH05-E	5	44mm
MXPECH06-E	6	51mm
MXPECH07-E	7	57mm

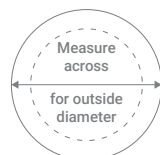
Pessaries for Pelvic Organ Prolapse & Urinary Incontinence

All MILEX® pessaries are supplied with detailed fitting instructions.
MILEX® silicone pessaries are Latex-free and autoclavable.

Ring with Knob

Folding
Silicone

Indication for use: Mild prolapse complicated by stress urinary incontinence



For knob add approximately 13mm to measurement



Ring with Support & Knob

Folding
Silicone

Indication for use: Mild prolapse complicated by a mild cystocele and stress urinary incontinence



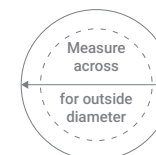
Pessaries for Pelvic Organ Prolapse & Urinary Incontinence

All MILEX® pessaries are supplied with detailed fitting instructions.
MILEX® silicone pessaries are Latex-free and autoclavable.

Incontinence Dish

Folding
Silicone

Indication for use: Stress urinary incontinence with mild prolapse



For knob add approximately 13mm to measurement



Incontinence Dish with Support

Folding
Silicone

Indication for use: Stress urinary incontinence with mild prolapse and mild cystocele



MILEX®

Order Code	Size	
MXPERK00-E	0	44mm o.d.
MXPERK01-E	1	51mm o.d.
MXPERK02-E	2	57mm o.d.
MXPERK03-E	3	64mm o.d.
MXPERK04-E	4	70mm o.d.
MXPERK05-E	5	76mm o.d.
MXPERK06-E	6	83mm o.d.
MXPERK07-E	7	89mm o.d.
MXPERK08-E	8	95mm o.d.
MXPERK09-E	9	102mm o.d.
MXPERK10-E	10	108mm o.d.

Order Code	Size	
MXPRSK00-E	0	44mm o.d.
MXPRSK01-E	1	51mm o.d.
MXPRSK02-E	2	57mm o.d.
MXPRSK03-E	3	65mm o.d.
MXPRSK04-E	4	70mm o.d.
MXPRSK05-E	5	76mm o.d.
MXPRSK06-E	6	83mm o.d.
MXPRSK07-E	7	89mm o.d.
MXPRSK08-E	8	95mm o.d.
MXPRSK09-E	9	102mm o.d.
MXPRSK10-E	10	108mm o.d.

MILEX®

Order Code	Size	
MXPCOND00-E	0	55mm o.d.
MXPCOND01-E	1	60mm o.d.
MXPCOND02-E	2	65mm o.d.
MXPCOND03-E	3	70mm o.d.
MXPCOND04-E	4	76mm o.d.
MXPCOND05-E	5	80mm o.d.
MXPCOND06-E	6	85mm o.d.

Order Code	Size	
MXPCONDS00-E	0	55mm o.d.
MXPCONDS01-E	1	60mm o.d.
MXPCONDS02-E	2	65mm o.d.
MXPCONDS03-E	3	70mm o.d.
MXPCONDS04-E	4	76mm o.d.
MXPCONDS05-E	5	80mm o.d.
MXPCONDS06-E	6	85mm o.d.

Pessaries for Pelvic Organ Prolapse & Urinary Incontinence

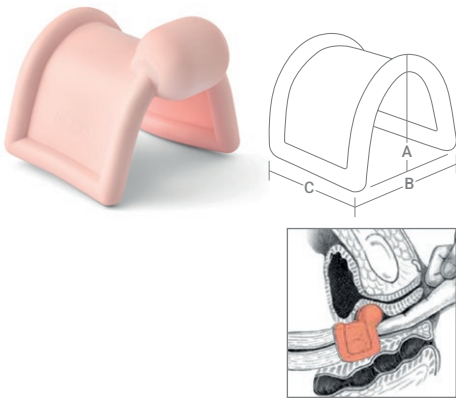
All MILEX® pessaries are supplied with detailed fitting instructions.
MILEX® silicone pessaries are Latex-free and autoclavable.

Gehrung with Knob

Folding

Silicone

Indication for use: Cystocele with/
without mild rectocele complicated
by stress urinary incontinence



MILEX®

Order Code	Size
MXPGSK00-E	0, A 27mm x B 38mm x C 35mm
MXPGSK01-E	1, A 29mm x B 44mm x C 38mm
MXPGSK02-E	2, A 35mm x B 51mm x C 41mm
MXPGSK03-E	3, A 38mm x B 54mm x C 44mm
MXPGSK04-E	4, A 41mm x B 57mm x C 48mm
MXPGSK05-E	5, A 44mm x B 60mm x C 51mm
MXPGSK06-E	6, A 48mm x B 64mm x C 54mm
MXPGSK07-E	7, A 51mm x B 73mm x C 57mm
MXPGSK08-E	8, A 54mm x B 76mm x C 60mm

All sizes have metal internal support – must be removed before MRI and X-ray

Pessaries for Urinary Incontinence

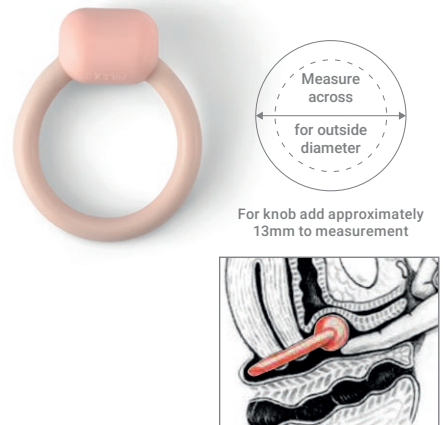
All MILEX® pessaries are supplied with detailed fitting instructions.
MILEX® silicone pessaries are Latex-free and autoclavable.

Incontinence Ring

Folding

Silicone

Indication for use: Stress urinary incontinence

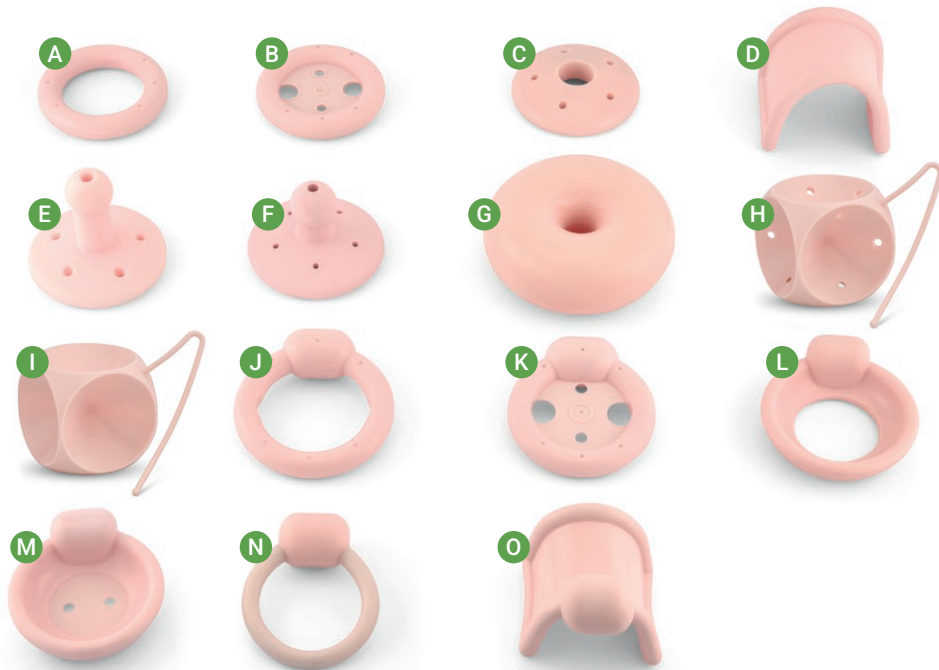


MILEX®

Order Code	Size
MXPCON00-E	0 44mm o.d.
MXPCON01-E	1 51mm o.d.
MXPCON02-E	2 57mm o.d.
MXPCON03-E	3 64mm o.d.
MXPCON04-E	4 70mm o.d.
MXPCON05-E	5 76mm o.d.
MXPCON06-E	6 83mm o.d.
MXPCON07-E	7 89mm o.d.
MXPCON08-E	8 95mm o.d.
MXPCON09-E	9 102mm o.d.
MXPCON10-E	10 108mm o.d.

All sizes have metal internal support – must be removed before MRI and X-ray

Summary of Available MILEX® Pessaries



A Ring (Silicone)

B Ring with Support (Silicone)

C Shaatz (Silicone)

D Gehrung (Silicone)

E Gellhorn Flexible (Silicone)

F Gellhorn short-stem (Silicone)

G Donut (Silicone)

H Cube with drainage holes (Silicone)

I Cube (Silicone)

J Ring with Knob (Silicone)

K Ring with Support & Knob (Silicone)

L Incontinence Dish (Silicone)

M Incontinence Dish with Support (Silicone)

N Incontinence Ring (Silicone)

O Gehrung with Knob (Silicone)

Pessaries Guide

Pessary type	Procidentia					Stress Incontinence	Incompetent Cervix	Retro Displacement
	Prolapse			Cystocele	Rectocele			
	1 - 2 Degree	3 - 4 Degree	Vaginal Wall					
POPY™		✓						
Ring	✓			✓				
Ring with support	✓			✓				
Shaatz	✓							
Gehrung		✓		✓	✓			
Gellhorn		✓						
Donut		✓		✓	✓			
Cube		✓	✓	✓	✓			
Ring with knob	✓			✓		✓		
Ring with support and knob	✓			✓		✓		
Incontinence dish	✓					✓		
Incontinence dish with support	✓			✓		✓		
Gehrung with knob		✓		✓	✓	✓		
Incontinence ring						✓		

For More Information

Please visit the Mediplus UK website by searching:
<https://mediplusuk.com/product-category/gynaecology/>

Or alternatively scan the QR code below:



Please note MILEX® product codes are currently undergoing a transition. Legacy codes did not include the '-E' suffix; this is being introduced as part of a phased update initiated in June 2026. The transition is due to take place over an 18-month period, with individual products moving to the new format at different times. During this period, customers may be asked to resubmit orders using legacy or updated product codes to enable fulfillment.

MILEX® Manufacturer: Cooper Surgical Inc, USA
MILEX® UK Distributor: Mediplus Ltd
POPY™ Manufacturer and Distributor: Mediplus Ltd



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