Mediplus POPY™ & Milex® Silicone Pessary Guide

Pessary type	Procidentia					Stress Incontinence
	Prolapse			Cystocele	Rectocele	
	1 - 2 Degree	3 - 4 Degree	Vaginal Wall			
POPY™		✓				
Ring	✓			✓		
Ring with knob	✓			✓		✓
Ring with support	✓			✓		
Ring with support and knob	✓			✓		✓
Incontinence ring						✓
Shaatz	✓					
Donut		✓		✓	✓	
Incontinence dish	✓					✓
Incontinence dish with support	✓			✓		✓
Gehrung		✓		✓	✓	
Gehrung with knob		✓		✓	✓	✓
Gellhorn		✓				
Cube		✓	✓	✓	✓	

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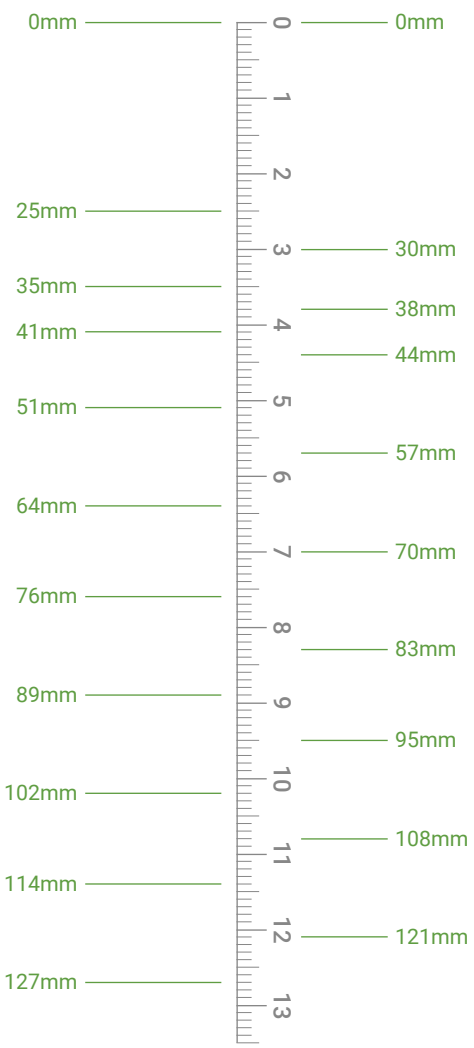
Sizing Chart

Size (mm)	POPY™	Ring	Ring with Support	Ring with support and knob	Shaatz	Gellhorn	Donut	Incontinence ring	Cube
25									✓
30									✓
35									✓
38									✓
41									✓
44		✓	✓	✓	✓	✓	✓	✓	
51		✓	✓	✓	✓	✓	✓	✓	
57	✓	✓	✓	✓	✓	✓	✓	✓	
60	✓								
64	✓	✓	✓	✓	✓	✓	✓	✓	
67	✓								
70	✓	✓	✓	✓	✓	✓	✓	✓	
73	✓								
76	✓	✓	✓	✓	✓	✓	✓	✓	
79	✓								
83	✓	✓	✓	✓	✓	✓	✓	✓	
86	✓								
89	✓	✓	✓	✓	✓	✓	✓	✓	
95		✓	✓	✓	✓	✓	✓	✓	
102		✓	✓	✓				✓	
108		✓	✓	✓				✓	
114		✓	✓	✓				✓	
121		✓	✓	✓				✓	
127		✓	✓	✓				✓